



Nottingham Clarion Newsletter

September 2007

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Website: www.nottinghamclarion.co.uk

Welcome to the Clarion newsletter for September 2007.

Club News

New Members

Welcome to Steven Holton who has joined us this month.

Thank You

Thank you also to Blake Cowley for the interview later in the newsletter.

Clubruns

We continue with the standard weekend club run every Saturday, meeting at 10.00a.m. at the Lime Kiln PH. The ride will be tailored to suit whoever attends.

Due to demand we have now introduced a Thursday evening club run starting at 7pm from the Lime Kiln PH. It is intended that this is now a regular ride until the Evening 10s begin again in April. It is recommended that you have some good lights on your bike!

Please use the website forum for proposing rides or checking when people may be out for Sunday or other weekday rides.

For those without internet access please phone Tim Fahy or Paul Harwood.

Club Nights and Committee meeting dates

The next Club Night and Committee date will be held on **Monday 8th October 2007** at the Park Yacht Inn, Trent Lane, Nottingham, NG2 4DS. All welcome.

Club Dinner and AGM 2008

The Club Dinner has been moved to Saturday February 9th 2008 with the Club AGM held on Sunday 3rd February 2008.



Club Track Championship 2007

The Club Track Championship is likely to be held at the newly refurbished Manchester velodrome probably in November after the National Championships so we have more choice in choosing our track time. Expect further details in due course.

Press

Nothing to report this month

Club Bikes

If you would like to donate any kit, spare or redundant equipment to the club, which could then be loaned out, let us know. Any donations would be gratefully received.

Events and Racing

If you would like any help or advice on how to enter open events or which events you would like to enter please let us know. We would all be very pleased to help any rider wanting a go at an open event, helping with filling in entry forms, possible shared transport etc.

Results and Reports:

Please let me have your results and reports so I can publish them here. Its now proving difficult to keep track of what everyone is up to so apologies if I miss anyone out!

Club Evening 10 Championship

Check out the website for your final position!

Bob in the Hat 10 mile TT 23rd August

- Jason Swann 23-55
2. Stuart Pryce 24-18
3. Greg McCullum 25-00
4. Gordon McGowan 25-27
5. Phil Stringfellow 27-16
6. Stuart Waller 26-03
7. Sam Lea 27-37
8. Gordon Baker 28-59
9. Paul Cooper 29-01
10. Peter Morgan 29-09
11. Trevor Beal 29-50
12. Jonathan Webb 29-52
13. Bob McCullum 30-15
14. Ray Mudd 31-45
15. Richard Ellis 32-05
16. Chris Beal 35-13



PT. John Atkin 26-15
PT. Daniel Gee 26-33
PT. Alan Fletcher 30-01

Two riders improved on their seasons best time, Paul Cooper by 42 seconds, and Bob McCullum by 52 seconds, so Bob won the 'Bob in the Hat'

Scunthorpe Track League

A good win for Blake in the 25 lap Scratch Senior A race at Scunthorpe Track League. It was the last race of the last Friday League this year, so a good way to finish off

1st: Blake Cowley Nottingham Clarion CC
2nd: Martin Smith Chesterfield Coureurs
3rd: Martin Dainty Barnsley RC

Nice to see former member Martin Smith in 2nd too!

National Junior Track Championships



Blake on the front

We are proud that Blake recently represented the club at the National Junior Track Championships.

Paul H reported:

'The Junior scratch and points races were really top notch. With riders such as Peter Kennaugh, Adam Blythe, Christian Lyte, David Daniel, Luke Rowe, all just back from the Junior World Champs in Mexico with several rainbow jerseys between them, it was always going to be tough. You were a bit unlucky to have 3 World Champions in



your heat, and the fact that you stayed with them for 40 laps and finished on the same lap I think was outstanding, so well done'



There is a good write up of the event on the BC website:
http://www.britishcycling.org.uk/web/site/BC/tra/EventReports2007/20070821_British_Junior_TRack_Champs.asp



(Photos courtesy of Paul Harwood)

Nottingham Clarion Cycling Club
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Forthcoming racing events:

Lighthouse Trophy Open TT event 2007 – Inter Club Championship

The Lighthouse Trophy TT event this year will be held on **Sunday September 16th** starting at 9am so keep your diaries clear! This Open 25 mile time trial is held as an inter-club championship for local cycling clubs with entries from Sherwood, Mapperley, North Notts Olympic, Ashfield RC etc. The **fastest five** riders for each club count to win the lighthouse trophy. Sherwood CC are the current holders from 2006 (Nottm. Clarion were 3rd) and so have the honour of organising this year's event. It would be great for the Club to have a large representation (we need a minimum of **5** finishers to qualify) and we would encourage everyone to have a go at the race, which is held on familiar roads on the 'Granby' 25 mile sporting course A25/2 in the Vale of Belvoir. There is a course map on our website:

http://www.nottinghamclarion.co.uk/courseprofiles/lighthouse_25.html

Entries need to be with the organiser two weeks before the event and if anyone wants a hand entering let us know nearer the time:

Entries using a completed and signed CTT entry form with £6.50 to W. Bradley, 3 Glensford Gardens, Rise Park, Nottingham NG5 5BG.

Nottingham Clarion Club Hill Climb Championship

Sunday 14th October Nottingham Clarion Club hillclimb championship – Stathern Hill

Will 'El Conejo' Harv retain his title or will there be a new champion this season? Please come along and have a go or even ride out to watch and cheer (and wear the T-shirt – John)

Notts and Derby Cyclo Cross League

The cyclo-cross season is here – check up on the next race here:

<http://sis.ndcxl.org/>

Saturday, 22nd September
12.00pm 2nd Notts & Derby Cyclo Cross at Alfreton Park.

Saturday, 29th September
12.00pm 3rd Notts & Derby Cyclo Cross at Thornbridge.

Forthcoming MTB Enduro Events:

Marin Dusk 'til Dawn 6-7th October

www.thetfordmtbracingracing.com

Sandwell Chainbreaker 14th October <http://bhf.org.uk/sandwellchainbreaker>



Trailquest Winter season (Stu is a regular competitor) - details of which can be found at <http://www.darkandwhite.co.uk>

Viking Challenge 2007

Details of this years Viking Challenge here:

<http://www.vikingchallenge.org.uk/>

50km / 30km off road MTB challenge ride for charity around Belvoir Castle starting in Redmile on Sunday 7th October

Nottingham Clarion Goose Fair 25 A25/9

Saturday 6th October – traditionally the last local TT event of the year and organised by ourselves! Any help with marshalling and organising duties would be very welcome.

The Hillclimb Season is here:

Sunday 21st October - 3 hillclimbs in one day;

Matlock CC Riber hillclimb 10am start - Greg, Harv and John have previously done this and can testify to its toughness!

VC Chesterfield Beeley Moor hillclimb 12pm start – longer more gradual climb

Matlock CC Bank Road hillclimb 2pm start – this is a test event as this course is going to be used for the 2008 National hillclimb Championship

Website

www.nottinghamclarion.co.uk - updated by our Webmaster John.

Thanks to some hard work by John, we now have a web forum for Club members. This is now public, so keep it clean!
Here is the link you need:

[<http://www.nottinghamclarion.co.uk/forum/>](http://www.nottinghamclarion.co.uk/forum/)

Club Clothing

We have just received the latest order for some new Red kit (and some Pink) for members and for stock.

We also have some Club cycling caps for £5 – first come first served.



Any member under 18 will be able to purchase the club kit with a discount of 25%. Any orders or questions ask Andy Woolf or see www.nottinghamclarion.uk for details on sizes, prices and types of garments.

Social

Second Monday of every Month at our new venue of The Park Yacht Inn, Trent Lane, 8.00p.m.

Readers Articles

As reported last month Ray Mudd Senior, a long-time club member passed away. Ray Mudd Junior has written the following piece;

The Cycling times of Ray Mudd Senior

28.12.27 – 1.8.07

Written by Ray Mudd Junior





Ray senior used a bike for commuting to Erickson (Plessey), Beeston from Clifton in 1956 before Clifton Bridge was built.

His introduction to club cycling came about because of the foot & mouth epidemic in about 1967. At that time he spent his spare time walking locally and in Derbyshire. Most footpaths had been closed due to the epidemic and he was missing getting out in the countryside. I suggested he came out on a club run to Derbyshire. I lent him a "Sun" racing bike - he took to club cycling like a duck to water.

Accompanied by Henry Lloyd and others he met me and a group hostelling somewhere near Leek on a Sunday morning.

He was soon accepted by the club members and took up cycling seriously at the age of 40.

He would be on regular club runs riding the highways and byways of England and Wales.

Youth hostelling was popular with the Clarion, he would be on many of these runs, and would take great delight in joining the lads for a beverage in a local hostelry, for which the Clarion is well known.

Time trials had an appeal for him and he took part in the Thursday night events regularly.

He was well known for wearing shorts in the early season MG events.

He rode 10, 25, 50, 100 & 12-hour events. He rode the Thursday evening events right up to his 75th birthday.

Ray thoroughly enjoyed his life and times with the Nottingham Clarion Cycling Club.

The support and shared memories made his funeral a ceremony to remember. Many thanks from our family and me.

Ride reports / Tech / fitness / words of warning hints and tips etc. - any articles from members would be welcome. These may also be used on the website.



Show us your ride

Carbon Corner will return next month

Please send us a picture plus comments on your favourite bike – could be a MTB / tourer / fixed / new / old etc.

For Sale or Wanted

Let us know if you have any bikes or equipment for sale or if you are after that elusive Campagnolo widget. – There are also a number of items available on the website Forum

'Blown off by the bunch'

This month our spotlight falls on **Blake Cowley**:



Blake in action at the National 10 mile TT championship 2007

When did you start cycling?

When I was four with a Raleigh jungle but started riding a road bike towards the end of last year, as the club hill climb was my first competition (Blake finished 5th! – Ed)

Cycling or sporting achievement most proud of?

Winning at Scunthorpe or Manchester track



Grumpiest moment on a bike?

When something goes wrong with my old steel bike, such as gears or chain jumping off and frame breaking, makes me want to smash it on the floor

Favourite bike or bike you would like to own?

Would have to be one of the top end Colnago's or the new trek both with Dura Ace

Past & present sporting heroes?

Sean Kelly, Lance Armstrong

Any other interests sporting or otherwise?

Quite enjoy cross-country running, ice skating, cars, movies

Favourite ride?

When the weather is bad I like the lanes and mud tracks around where I live because they are a lot safer, but when its nice I prefer the vale, also really enjoyed Scotland for cycling

Steel, Aluminium, Titanium or Carbon?

Carbon if I could afford it but I have steel and aluminium

Favourite café food?

Beans on toast I guess because its the only thing I've tried as I've not been to many cafes

Tell us something we don't know about yourself?

I can ride a unicycle and sometimes sleep with my eyes open apparently

Send your pictures, news, reviews, views, and articles to news@nottinghamclarion.co.uk

Happy cycling....