



Nottingham Clarion Newsletter

November 2007

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Website: www.nottinghamclarion.co.uk

Welcome to the Clarion newsletter for November 2007. Due to family commitments (a new baby boy!) I couldn't get the October one issued so this one includes updates on all the results from September / October too.

Club News

Congratulations

Pete & Jean Morris have a 4th great grandchild Jessica Lea, who arrived on October 27th.

Sarah and Andy Woolf on the birth of Thomas Andrew on the 9th October (Sorry – couldn't resist putting that in – Ed)

Thank You

Thank you to Paul Errington for the interview later in the newsletter.

Clubruns

We continue with the standard weekend club run every Saturday, meeting at 10.00a.m. at the Lime Kiln PH. The ride will be tailored to suit whoever attends.

Due to demand we have now introduced a Thursday evening club run starting at 7pm from the Lime Kiln PH. It is intended that this is now a regular ride until the Evening 10s begin again in April. It is recommended that you have some good lights on your bike!

Please use the website forum for proposing rides or checking when people may be out for Sunday or other weekday rides.

For those without internet access please phone Tim Fahy or Paul Harwood for the latest.

Club Nights and Committee meeting dates

The next Club Night and Committee date will be held on **Monday 10th December** 2007 at the Park Yacht Inn, Trent Lane, Nottingham, NG2 4DS. All welcome.



Club Annual Dinner 2007 (but held in 2008!)

Dinner with a Difference!

Well it's that time of year again when we start to think of honouring last season's performances and looking forward to what the coming season has to offer. Our Annual Dinner is arranged for the Saturday 9th February 2008 @ The Park Yacht Inn, Trent Lane Colwick, Nottingham.NG2 4DS.

We have decided to break with tradition this year and offer members something new, instead of the meal being a "Sunday Lunch" type menu; we have opted for an "Around the World" feel to the food.

This means that everyone should find something they can enjoy with choices including cuisine from all corners of the globe. A smattering of Italian, Indian, Chinese, Mexican and of course good old English too. So whether it's curry or pasta, rice or pizza that "floats your boat" we should be able to accommodate your tastes. If last year is anything to go by, tickets will sell well, so if you don't want to miss out please register your interest by purchasing your tickets as soon as possible so that we can finalise the seating plan etc well in advance and make the evening a success. As always please feel free to bring along family and friends, all will be welcome. It's hoped that the turnout will be even greater than last year as the clubs ranks have swelled considerably over the last season with new members joining on an almost weekly basis. I would urge these newer recruits to try and get to the Dinner and Prize Presentation as it will give everyone an opportunity to "put names to faces". It's not a "stuffy" affair with loads of speeches but an informal evening get together to give recognition to the performances and achievements of the last year. Think of it as a club night on a grand scale to be enjoyed not endured!!

Tickets are on sale now priced at £20 each so don't miss out, secure yours soon to avoid disappointment, as places are strictly limited.

Reserve your Tickets **NOW**

Tickets are available from Jenny Harwood (social secretary)

Via Email: jenny.harwood@ntl.com

Phone: 01159118183

Post: Pump Station House, Daleside Road Nottingham NG2 4DH

Jenny.

Booking slip for Nottingham Clarion Cycling Club Annual Dinner

Name	Address	No. of Tickets



Club AGM 2008

Club AGM held on Sunday 3rd February 2008. All are welcome and if you want to be on the committee, help out or have any ideas for the Club this is your chance!

Club Track Championship 2007 / 2008

The Club Track Championship may have to be held in Spring 2008 due to the sheer demand for track time at the newly refurbished Manchester velodrome. Expect further details in due course but for the latest news check out the website forum.

Press

Nothing to report this month

Club Bikes

If you would like to donate any kit, spare or redundant equipment to the club, which could then be loaned out, let us know. Any donations would be gratefully received.

Events and Racing

If you would like any help or advice on how to enter open events or which events you would like to enter please let us know. We would all be very pleased to help any rider wanting a go at an open event, helping with filling in entry forms, possible shared transport etc.

Results and Reports:

Please let me have your results and reports so I can publish them here. Its now proving difficult to keep track of what everyone is up to so apologies if I miss anyone out!

Lighthouse Trophy Open TT event 2007 – Inter Club Championship

Lighthouse Trophy:

1st - Sherwood CC - 4:50:59
2nd - North Notts Olympic - 5:04:13
3rd - Nottingham Clarion - 5:06:56

Mick Oldnall Trophy:

1st - Nigel White - 55:34
2nd - Stephen Long - Mapperley CC - 56:06
3rd - Andrew Woolf - Nottingham Clarion - 56:41



Fastest Overall:

- 1st - Al Salter - Walsall RCC - 55:15
- 2nd - Nigel White Sherwood CC - 55:34
- 3rd - Stephen Long Mapperley CC - 56:06
- 4th= - Colin Parkinson South Western Road Club - Evans Cycles - 56:41
- 4th= - Andy Woolf Nottingham Clarion - 56:41
- 6th - Robert Gray Loughborough Pheonix - 56:42
- 7th - Ashley Long Coalville Wheelers - 57:06

Handicap Overall:

- 1st - Matt Fostun Sherwood CC - 48:03 (10:00)
- 2nd - Colin Parkinson - South Western RC - 51:41 (05:00)
- 3rd - Darren Hodgkinson Sherwood CC - 51:58 (06:15)

Nottingham Clarion Results:

- Andy Woolf - 56:41
- Blake Cowley - 59:52
- Gary Harris 1:02:37
- Tim Fahy 1:03:40
- Harvey Norris 1:04:06
- Paul Harwood 1:05:54
- Stuart Waller 1:06:47
- Gordon McGowan 1:07:15
- Lisa Nelmes 1:13:07
- Jason Swann DNF - sick
- Stuart Pryce DNS (injured)

Nottingham Clarion Goose Fair 25 A25/9

- 1. J. Ramsbottom 52-14
- 2. I Dalton 52-52
- 3. D. Otter 54-33
- 3= A. Salter 54-33
- 5. S. Barker 54-56
- 6. J. Dance 55-18
- 7. S. Long 55-32
- 8. R. Gray 55-33
- 9. A. Long 55-38
- 10. D. Langlands 56-24

Gordon had a late start: 1-06-20



Marin Dusk till Dawn 2007 MTB enduro race

Sat 5th - Sunday 6th October 2007 Theftord Forest

MTB Endurance – Solo Male Category

1 Matthew Page www.extreme-endurance.com

2 Anthony White

3 Paul Errington Nottingham Clarion

Full report here:

http://www.britishcycling.org.uk/web/site/BC/mtb/EventReports2007/20071010_D2D_Report.asp

Nottingham Clarion Club Hill Climb Championship

Sunday 14th October– Stathern Hill

1. Blake Cowley 3min 14.85secs (2007 Champion and new Club course record)

2. Greg McCullum 3min 35.93secs

3. John Odell 3min 46.62secs

4. Danny Beet 3min 47.57secs

5. Harvey Norris 3min 56.59secs

6. Julian Bramley 4min 38.82secs

7. Gordon McGowan 4min 39.43secs

Private trials-

Mark Newing 3min 35.77secs

Mark McCartney 3min 44.72secs

John Atkin 4min 40.84secs

Thanks to Ian for pushing, and Gary for being start timekeeper.

VC Chesterfield Beeley Moor hillclimb

No. Name Club Cat Age Time

1 James Dobbin Arctic Shorter Rochford RT S 29 8 58.3

2 Chris Myhill API Metrow/Silverhook Chemicals V 40 9 43.9

3 Andrew Stuart Ashfield RC S 24 9 56.7

16 Harvey Norris Notts Clarion CC S 33 11 47.1



Harv at Beeley Moor

Forthcoming racing events:

Notts and Derby Cyclo Cross League

The cyclo-cross season is well underway – check up on the next race here:

<http://ndcxl.org/>

Trailquest Winter season (Stu is a regular competitor) - details of which can be found at <http://www.darkandwhite.co.uk>

Sportives 2008

Entries for the 2008 White Rose Classic have opened;
<http://www.whiteroseclassic.co.uk/index.html>

Phil, Harv and Martin have signed up for the 185k route and Lisa and Linda for the 85k route so far – want to join them?

Etape du Dales entries available in January

Red Dragon entries available on December 27th

Nottingham Clarion Cycling Club
enquiries@nottinghamclarion.co.uk
www.nottinghamclarion.co.uk



Website

www.nottinghamclarion.co.uk - updated by our Webmaster John.

We have a web forum for Club members. This is public, so keep it clean!
Here is the link you need:

[<http://www.nottinghamclarion.co.uk/forum/>](http://www.nottinghamclarion.co.uk/forum/)

Club Clothing

Is anyone thinking of ordering any kit in the near future? Please could you let us know so that we can get an idea of what we should be ordering.

Any member under 18 will be able to purchase the club kit with a discount of 25%. Any orders or questions ask Andy Woolf or see www.nottinghamclarion.co.uk for details on sizes, prices and types of garments.

Social

Second Monday of every Month at our new venue of The Park Yacht Inn, Trent Lane, 8.00p.m.

Readers Articles

Ride reports / Tech / fitness / words of warning hints and tips etc. – any articles from members would be welcome. These may also be used on the website.

Show us your ride

Please send us a picture plus comments on your favourite bike – could be a MTB / tourer / fixed / new / old etc.

For Sale or Wanted

Let us know if you have any bikes or equipment for sale or if you are after that elusive Campagnolo widget. – There are also a number of items available on the website Forum.



'Blown off by the bunch'

This month our spotlight falls on **Paul Errington**. If the Club had a Protour Championship, Paul would arguably be our number one rider with some great results across different types of cycling in 2007. These include a recent 3rd in category at the Dusk 'till Dawn MTB Enduro event, winning a Road Race earlier in the year and finishing 14th in the incredibly demanding TransPortugal MTB event! Paul has his own blog where you can catch up with what he is doing when his MSc course allows: <http://shoestring-racing.blogspot.com/>



Paul in 'dark side ' roadie mode at Mallory Park

When did you start cycling?

Started when I was 14... gave up when I was 19.. started again when I was 28

Cycling or sporting achievement most proud of?

3rd place solo at Marin Dusk Till Dawn... thought I would be waiting along time to get a podium at a top event if ever...

(Ed – there are some podium pics here:

<http://www.mphotography.smugmug.com/gallery/3603755#205154184>

<http://www.mphotography.smugmug.com/gallery/3603755#205153043>)

Grumpiest moment on a bike?

2 spring to mind.. both racing... first Mallory Park Tuesday night puncturing on the first straight of the first lap.. bike got thrown a fair distance as my toys went out the pram, second this years national MTB marathon champs... hammering down with rain on a course that didn't suit me to puncture 3 times and have to walk from the furthest point on the course back...



Favourite bike or bike you would like to own?

New Trek Top Fuel mountain bike

Past & present sporting heroes?

My younger days of cycling I was a big Mig fan... lack of charisma but buckets of power on demand... these days Craig Gordon... 2006 world solo 24hr champ.... rode himself literally into hospital, you can't beat that kind of dedication and single mindedness that he wasn't going to be beaten...

Any other interests sporting or otherwise?

Sad to say that cycling is everything...

Favourite ride?

Somewhere in the Bordeaux region of France in the summer on the road bike or last stage of the Transportugal, Monchique to Sagres along the cliff tops...

Steel, Aluminium, Titanium or Carbon and full suspension / hardtail or rigid in your case?

Its all about the carbon fibre full suspension... greatest upgrade to my racing... Trek Top Fuel 110... weighs same as most hardtails

Favourite café food?

Anything Tim is kind enough to buy, as I usually haven't brought any money

Tell us something we don't know about yourself?

Under 2 years ago I was over 14stone and smoked 20 a day... no word of a lie.

Send your pictures, news, reviews, views, and articles to news@nottinghamclarion.co.uk

Happy cycling....