



Nottingham Clarion Newsletter

February 2008

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Website: www.nottinghamclarion.co.uk

Welcome to the Clarion newsletter for February 2008.

Club News

New Members

Welcome to new members, Herve Morvan, junior Marcin Bukiej who is studying at Nottingham Uni, and easily our youngest member, Jamie Odell who is joining as a social member (thought he would be racing by now).

Thank You

Thank you to Chris Beal for the interview later in the newsletter.

Racing Transfers!

Darren Buckby and Blake Cowley have both transferred to Go Sports Spex RT – we wish them the best of luck in the forthcoming racing season and we will be keeping an eye on their results. Both are going to stay in touch with the Club and probably remain as Social members.

Clubruns

We continue with the standard weekend club run every Saturday, meeting at 10.00a.m. at the Lime Kiln PH. The ride will be tailored to suit whoever attends.

Thursday evening club run starting at 7pm from the Lime Kiln PH. It is intended that this is now a regular ride until the Evening 10s begin again in April. It is recommended that you have some good lights on your bike!

Please use the website forum for proposing rides or checking when people may be out for Sunday or other weekday rides.

For those without internet access please phone Tim Fahy or Paul Harwood for the latest.



Future Club Nights and Committee meeting dates

The next Club Night and Committee date will be at 7pm Monday 10th March 2008 at the Park Yacht Inn, Colwick

Club Committee 2008

At the recent Club AGM it was decided that your Club committee members for 2008 are;

President	Gordon Baker
Vice-President	Tim Fahy
Secretary/Treasurer	Paul Harwood
Racing Secretary	Phil Hurst
Social Secretary	Jenny Harwood
General Committee	Nick Bullimore
	Alan Daniels
	John Odell
	Jason Swann
	Harvey Norris
	Andy Woolf
	Chris Beal
	Helen Parr
Chairman	Harvey Norris
Auditors	Nick Bullimore
	Tim Fahy
Newsletter/Mag	Andy Woolf
Website	John Odell
Clothing	Andy Woolf

It was decided to make newsletter, website, and clothing all automatic committee posts which freed up 3 more places on General Committee, so there is now one space left if anyone else can be tempted! Of course if you have any suggestions for something you would like to see the Club do or provide, please let us know.

Thank you to Chris Beal and Helen Parr for joining and giving the ladies some representation in the Club. Thanks to Sam Lea for becoming our CDLCA representative alongside Chris.

Election of Delegates/ Representatives for 2008

Organisation
CTT

Officer
Tim Fahy
Francis Grafton
Paul Harwood

National Clarion
BCF

Francis Grafton
Gordon Baker
Paul Harwood



BDCA
CDLCA
LVRC, TLI, Velo 99

Gordon Baker
Chris Beal and Samantha Lea
Gordon Baker

Club Membership renewals 2008

Its 2008, so if you haven't already renewed your membership, please do. If you have any questions about joining the Club then please contact Club Secretary Paul Harwood on 0115 9118183 or via secretary@nottinghamclarion.co.uk

To join Nottingham Clarion simply download the membership form from the website (see <http://www.nottinghamclarion.co.uk/about/join.html>) and return it, along with a cheque for the appropriate amount to:

Paul Harwood
Pump Station House
Daleside Road
Nottingham
NG2 4DH

Please make your cheques payable to '**Nottingham Clarion CC**'.
(Under 18s will require the written consent of a parent or guardian when joining.)

Membership Fees for 2008 (same as 2007!):

Juvenile (Under 16)	£7.20
Junior (16 to 18)	£7.75
Senior	£10.00
Social membership	£5.00
National Clarion Membership*	£6.00

Nottingham Clarion is affiliated with the National Clarion Cycling Club and members have the option to join the National body for an extra £6.00. This enables you to take part in National Clarion competitions and Championships, and be kept up to date with details of National Clarion Meets such as Easter and Wortley Hall, through the twice-yearly magazine 'Boots & Spurs'.

Timekeeping

If anyone would like to help out with timekeeping for the club events for the forthcoming season please let Paul Harwood. Even if it were occasional timekeeping, any help would be gratefully received.

Manchester Velodrome Track Sessions 2007 / 2008

A club track session at Manchester velodrome has been set up by Gary for Saturday April 12th 2008 3 to 6pm – see forum for further details and to register your interest.

Press

Nothing to report in the media this month

Nottingham Clarion Cycling Club
enquiries@nottinghamclarion.co.uk
www.nottinghamclarion.co.uk



Club Bikes

If you would like to donate any kit, spare or redundant equipment to the club, which could then be loaned out, let us know. Any donations would be gratefully received.

National Clarion news

A message from Ian Clarke of the National Clarion outlining events for 2008. You may have met him at the recent prize dinner. (As a former 10 mile National Clarion Champion in 2005 I can recommend the time-trial events if you fancy a go – Ed)

'Hi Clubmate or fellow(ess) bikie

This email circular is sent to tell you all about the forthcoming National Clarion Easter Meet, let you know everything that's going on and give you chance to book the weekend, the time-trial, the annual dinner or just the **new 'Cyclo-Sportive'**.

It's a special Easter Meet at Stamford in Lincolnshire which is run (the meet not Stamford) by the local Fenland Section...but don't be alarmed, just because it's Fenland don't assume it's flat and windy, the hills of Leicestershire and Lincolnshire are right on the doorstep of Stamford, a beautiful Georgian town:

- **Stamford Easter Meet - 21st to 24th of March:**

Captured in time by its conservation status this once major wool town has retained much of its old world charm and prosperity. Many of the buildings are constructed from old Lincolnshire limestone, hence the town's distinguished appearance and popularity with tourists and movie directors alike.

Despite a modest population of 18,000 the town boasts 11 churches, 30 pubs, 20 restaurants and over 10 quality hotels and guest houses. Most of the pubs serve Real Ale and are conveniently within walking distance of town centre, railway and bus stations.

- **Go online:**

and there's more, why not go to the website www.clarioncc.org and find out more, there's even a link where you can book entry into the Sportive and Clarion riders who pay the Easter Meet levy get £7.50 back from their entry fee. Note you cannot enter online in the Cyclo-Sportive.

Also on the website are full details of this years event (we are also going to the York Rally and the Mildenhall Rally), plus races, club records and loads of other stuff.

- **Annual conference - 22nd March 10am:**

Open to members only, you as a Clarion member should really be going to conference and your section should already have nominated delegates to carry your section's voting powers to conference. Voting at conference is 1 member 1 vote (7 days prior to conference) so don't forget to renew your subs if you want to get involved.

- **National Clarion 10 mile Time Trial Champs - 19th April Saturday 2pm**



This year the event is again run near Garstang on the L101 by the Bolton Clarion in Lancashire. Entries in the usual way through details in the CTT handbook.

We hope to see you sometime in the Spring.'

Ian

Events and Racing

If you would like any help or advice on how to enter open events or which events you would like to enter please let us know. We would all be very pleased to help any rider wanting a go at an open event, helping with filling in entry forms, possible shared transport etc.

Results and Reports:

Please let me have your results and reports so I can publish them here. It's now proving difficult to keep track of what everyone is up to so apologies if I miss anyone out!

Forthcoming Club Racing events 2008:

Nottingham Clarion CC Club Medium Gear TT Championship 2008

Time to get the 'fixie' out! We are running early season 10 mile time-trials held on the quiet roads of our club TT Limekiln course. All are welcome - club members and those wanting to ride a private trial.

A Medium Gear TT is ridden in a 72inch gear, with no changing allowed. However, you don't have to ride the events as medium gear and can use all of your gears if you like and record a private time! It's good fun, social and great training for the season ahead.

- Round 1: Saturday 16th February 2008 at 11am
- Round 2: Saturday 23th February 2008 at 11am
- Round 3: Saturday 1st March 2008 at 11am
- Round 4: Saturday 7th March 2008 at 11am

More information at <http://www.nottinghamclarion.co.uk/clubevents/mediumgear.html>

Round 1 result:

1. Stuart Pryce 27-43
2. John Odell 28-08
3. Herve Morvan 28-45
4. Melvin Gwynne 29-26
5. Gordon McGowan 30-02
6. Nathan Fletcher 30-07



- 7. Andy Pike 30-21
- 8. Phil Stringfellow 30-32
- 9. Ray Mudd 36-22
- PT. Greg McCullum 28-37
- PT. John Atkin 31-31

Club evening 10 mile time trials on the quiet Lime Kiln course;

- Thursday April 10th 7.00pm first rider off
 - Thursday April 17th 7.00pm
 - Thursday April 24th 7.30pm
every Thursday evening until
 - Thursday August 7th 7.30pm
 - Thursday August 14th 7.00pm
 - Thursday August 21st 'Bob in the Hat event' 7.00pm (does not count as part of the Club 10 Championship)
- course profile here:

http://www.nottinghamclarion.co.uk/courseprofiles/limekiln_10.html

Club Open 40km TT 2008 course AS/5 Rev - pre entry required on CTT entry form

2 laps of the Harby circuit (as last year's Rudy Project event)

Saturday April 19th 2pm start – see CTT handbook

course profile here:

http://www.nottinghamclarion.co.uk/courseprofiles/ValeofBelvoirCircuit_TT.html

Club evening 25mile Time Trial

Tuesday 22nd July **TBC** 7.00pm

course profile here:

http://www.nottinghamclarion.co.uk/courseprofiles/TOUROFTHEVALE_25_CourseProfile_NottingamClarion.pdf

ANDCC Lighthouse Trophy Open 25 mile TT event 14/09/2008 (Sherwood CC) A25/2 - Lighthouse trophy for fastest team of 5 riders

course profile here:

http://www.nottinghamclarion.co.uk/courseprofiles/lighthouse_25.html

Club Goose Fair Open 25m TT 2008 Sat 4th October 2pm start pre entry required on CTT entry form course A25/9

course profile here:

http://www.nottinghamclarion.co.uk/courseprofiles/goosefair_25.html

Club Hillclimb Championship 2008 Stathern Hill on Sunday 12th October, 11am start.

http://www.nottinghamclarion.co.uk/courseprofiles/STATHERN_HILLCLIMB_CourseProfile_NottingamClarion.pdf

Club Freewheel Championship - around 11am Jan 1st 2009 (TBC)

Hungerhill, between Green Lane, Lambley and Lingwood Lane, Woodborough.



Local Road Race events 2008;

See the forum here <http://www.nottinghamclarion.co.uk/forum/viewtopic.php?t=466>

Central and North Midlands District Open Time Trial events 2008;

See the forum here <http://www.nottinghamclarion.co.uk/forum/viewtopic.php?t=465>

Notts and Derby Cyclo Cross League

The cyclo-cross season continues – check up on the next race here:

<http://ndcxl.org/>

Trailquest Winter season (Stu is a regular competitor) - details of which can be found at <http://www.darkandwhite.co.uk>

Website

www.nottinghamclarion.co.uk - updated by our Webmaster John.

We have a web forum for Club members. This is public, so keep it clean!
Here is the link you need:

[<http://www.nottinghamclarion.co.uk/forum/>](http://www.nottinghamclarion.co.uk/forum/)

Club Clothing

A new order is about to be placed with a new manufacturer Pro-Vision Clothing of Stoke on Trent <http://www.provisionclothing.co.uk/> – please let Andy Woolf or Paul Harwood know if you want something.

Any member under 18 will be able to purchase the club kit with a discount of 25%. Any orders or questions ask Andy Woolf or see www.nottinghamclarion.co.uk for details on sizes, prices and types of garments.

Social

Second Monday of every Month at our new venue of The Park Yacht Inn, Trent Lane, 8.00p.m.

Readers Articles



Ride reports / Tech / fitness / words of warning hints and tips etc. – any articles from members would be welcome. These may also be used on the website.

Show us your ride

If anyone has a favourite bike of any type or age, perhaps it has some history, please send us a picture and a bit of a write-up

'Blown off by the bunch'

This month our spotlight falls on new committee member **Chris Beal**:

When did you start cycling?

I used to work with Trev`s sister who was a member of the Notts and Derby Clarion and one day she took me down to the clubroom sometime early 1970. Before long I was agreeing to a ride with Trev on the back of a tandem that coming Sunday. We rode round Newstead I think, all I know is, that it was hilly and I was cream cracked when I got home. I must have enjoyed it as I was going out regular after that.

Cycling or sporting achievement most proud of?

I`m still working on that one.

Any cycling targets or ambitions for 2008?

I just want to improve my times and ride a few more open events.

Grumpiest moment on a bike?

Every time I go out with Trev as he is always riding away from me.

Favourite bike or bike you would like to own?

I would quite like a Pinarello for time trialling some day but for now I`ll just settle for any bike that doesn`t make any funny noises.

Past or present sporting heroes?

Eddy Merckx, Bernard Hinault, the `Queen of Cycling` Beryl Burton, Georgie Best and `Old Big Head` Brian Clough.

Any other interests sporting or otherwise?

I used be a season ticket holder at Forest for many years until it got too expensive. Now I just watch a bit on tv. Enjoy walking in Derbyshire and do a bit of sewing.

Favourite ride?

Anywhere in the Vale of Belvoir on a sunny spring day when the daffodils are on show.



The ultimate cycling question; Campagnolo or Shimano?

I've got Campag on my race bike and Shimano on my winter bike. They both work pretty well so I don't mind which

Steel, Aluminium, Titanium or Carbon?

Aluminium every time for me.

Favourite café food?

Cheese and pickle toastie and a big mug of tea.

Tell us something we don't know about yourself?

Back in the 70`s I used to be in The Historical Arts Society and we used to spend hours digging out many of the caves under the city of Nottingham. The city is honeycombed with them but many of them were filled in sometime ago. One of the main digs was under Bridlesmith Gate, which were open to the public when we used to have a `Festival of Nottingham` but sadly they only open up for private viewing now.

Send your pictures, news, reviews, views, and articles to
news@nottinghamclarion.co.uk

Happy cycling....